

## **Minor in Nutritional Sciences Guidelines**

### **Nutritional Sciences Graduate Program**

### **The School Of Nutritional Sciences and Wellness**

**Program Contact:** Peggy Rupert, NSGP Coordinator ([prupert@arizona.edu](mailto:prupert@arizona.edu))

The Nutritional Sciences Graduate Program (NSGP) administered by the School of Nutritional Sciences and Wellness (SNSW) offers a PhD minor in Nutritional Sciences. The minor is intended to support and further students' research in their own field and is designed for students who desire more advanced training in nutrition taught by top researchers and educators. The doctoral minor in Nutritional Sciences aims to articulate, critique, and elaborate the theories, research methods, and approaches to inquiry in nutritional sciences. Specific knowledge areas of focus include intermediary metabolism, functions and metabolism of vitamins and minerals, nutrition-related diseases such as obesity and diabetes, and nutrigenomics.

**Admissions:** Students may apply for admission to the minor in Nutritional Sciences after enrollment in the Graduate College and after at least one semester of their graduate program has been completed. One member of the student's oral comprehensive examination committee must be a faculty member in the SNSW.

An application form for the minor must be signed by the student and his/her major advisor before the SNSW faculty signs it. The student should send the fully signed document to NSGP coordinator, Peggy Rupert ([prupert@arizona.edu](mailto:prupert@arizona.edu)) to be kept on file.

**Course Requirements:** Graduate students who minor in Nutritional Sciences must complete a minimum of 10 units of graduate nutrition coursework with a grade of B or better.

#### **Core Courses (10 units)**

- NSC 608 — Bioenergetics and Metabolism (3 units)
- NSC 610 — Nutrition and Disease (3 units)
- NSC 624 — Micronutrients (3 units)
- NSC 561 — Communicating Nutritional Sciences (1 unit)

If a student would like a variance of these core courses, they must submit a petition to their major advisor and the SNSW Graduate Research Degree Committee (GRDC). The major advisor must approve the petition before it is sent to the GRDC. The student should provide a brief, factual letter that provides documentation to justify why a variance should be made. To initiate this petition, contact GRDC Chair Richard Simpson, PhD ([rjsimpson@arizona.edu](mailto:rjsimpson@arizona.edu)) and Peggy Rupert, NSGP coordinator ([prupert@arizona.edu](mailto:prupert@arizona.edu)).

#### **Other NSC Graduate Courses**

- NSC 675 — Advanced Nutrigenomics (3 units)
- NSC 595 — Emerging Topics in Nutritional Sciences (1 unit)
- NSC 542 — Advanced Medical Nutrition Therapy (3 units)
- NSC 545 — Assessment and Regulations of Body Composition (3 units)

**Nutritional Sciences Minor Application**  
**Nutritional Sciences Graduate Program (NSGP)**  
**School of Nutritional Sciences and Wellness (SNSW)**

Student Name

Student ID

Student Email

PhD Major Graduate Field

Dissertation Title/Subject

Expected Date of Graduation

Faculty Major Advisor

SNSW Committee Member

List the courses you will take to complete the minor requirements

Major Advisor Signature

Date

PhD Student Signature

Date

SNSW Faculty Advisor

Date